



CURRICULUM PROGRESSION GRID: PHYSICAL EDUCATION

KEY STAGE 1

Dance	Gymnastics	Athletics	Invasion
<p>NC Link Pupils should be taught to: -perform dances using simple movement patterns</p>	<p>NC Link Pupils should be taught to: - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p>NC Link Pupils should be taught to: - master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities</p>	<p>NC Link Pupils should be taught to: - participate in team: games, developing simple tactics for attacking and defending</p>
<p>Build on ELGs - They represent their own ideas, thoughts and feelings through design and technology, art, music, dance, role play and stories. - Children talk about the ideas and processes which have led them to make music, designs, images or products.</p>	<p>Builds on ELGs - Children show good control and coordination in large and small movements. - They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.</p>	<p>Builds on ELGs - Children show good control and coordination in large and small movements. - They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.</p>	<p>Builds on ELGs - Children show good control and coordination in large and small movements. - They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.</p>
<p>Theme Links 'Journeys' RE Autumn 1, Cycle A 'The Great Outdoors' ICT Summer 1, Cycle A</p>	<p>Theme Links World Cup/Olympics 'Summer 2, Cycle B'</p>	<p>Theme Links World Cup/Olympics 'Summer 2, Cycle B'</p>	<p>Theme Links: 'Heroes and Villains' Summer 2, Cycle A</p>
<p>Intent -Pupils will explore travelling actions, movement skills and balances. - They will understand why it is important to count to music and use this in their dances, alongside</p>	<p>Intent -Pupils learn to use space safely and effectively. - They explore and develop basic gymnastic actions on the floor and using apparatus. - They will explore basic skills of</p>	<p>Intent - Pupils will develop skills required in athletic activities such as running at different speeds, changing direction, jumping and throwing. - Children will develop throwing for distance and will link running and</p>	<p>Intent -Pupils develop the basic skills required in invasion games such as sending, receiving and dribbling a ball. -They develop their understanding of attacking and defending , learning to</p>

<p>music.</p> <ul style="list-style-type: none"> - Pupils will also explore pathways, levels, shapes, directions, speeds and timing and will learn how their body can move to express and idea, mood or feeling. -Pupils will copy and repeat actions linking them together to make short dance phrases. Pupils will work individually and with a partner. 	<p>jumping, rolling, balancing and travelling are used individually and in combination to create short sequences and movement phrases.</p> <ul style="list-style-type: none"> - Pupils develop an awareness of compositional devices when creating sequences to include the use of shapes, levels and directions. - Children will be taught to move confidently and safely themselves and when using equipment. 	<p>jumping movements with some control and balance.</p> <ul style="list-style-type: none"> - In all athletic based activities, pupils will engage in performing skills and measuring performance, competing to improve on their own score and against others. 	<p>stay with another player to try and prevent them from getting the ball.</p> <ul style="list-style-type: none"> -They will learn to dodge and find a space away from the other team. <p>All pupils will have the opportunity to play uneven and even sided games.</p> <ul style="list-style-type: none"> -They learn how to score points, learn how to keep track of the score and how to play to the rules.
<p>Vocabulary</p> <p>beat expression travel action space shape perform level copy counts</p>	<p>Vocabulary</p> <p>apparatus sequence tuck pike straight travelling shapes balances shape jumps take-off and landing barrel roll straight roll forward roll</p>	<p>Vocabulary</p> <p>direction running agility balance running over obstacles, jump hop leap throw distance accuracy</p>	<p>Vocabulary</p> <p>striking passing receiving throw catch dribble dodge attack defend send receive</p>